



The Loops for Troops event originated in Calgary and raised over \$100,000 at it's first event in 2008 that directly supported the Military Community.

This race is dedicated to all of our Canadian Soldiers, along with their Families, and to those Soldiers that have paid the Ultimate Sacrifice in the service of our country, both at home and abroad.



## PACKAGE PICK-UP

Running Room Locations

To Be Announced

Check websites:

[www.runningroom.com](http://www.runningroom.com)

[www.mfrcedmonton.com](http://www.mfrcedmonton.com)

MFRC – CFB Edmonton

Race day pick-up

7:00am

T-Shirts (S-XL) will be available at package pick-up locations

ALL CASH OR CHEQUE PLEDGES MAY BE

HANDED IN AT PACKAGE PICK-UP

LOCATIONS OR ON RACE DAY

ONLINE PLEDGES MAY BE MADE USING

CREDIT CARDS AT:

[www.runningroom.com](http://www.runningroom.com)

The Edmonton Loops for the Troops event is in direct support of:

The Edmonton Military Family Resource Centre (MFRC)

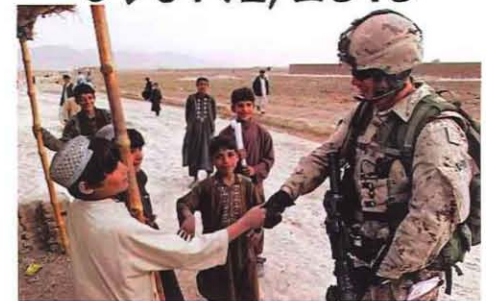
Funds raised will go toward maintaining, expanding and developing programs and services that support Soldiers and Military Families of CFB Edmonton

Thank-you For Your Support!

# LOOPS FOR THE TROOPS

~Fun run & walk~

6 JUNE, 2010



5Km & 10Km,  
Half Marathon,

&

Military Mile

CFB Edmonton

## HOW TO REGISTER:

ONLINE (Until midnight June 2<sup>nd</sup>, 2010)

[www.runningroom.com](http://www.runningroom.com)  
(Credit Card Only)

IN PERSON (Until June 5<sup>th</sup>, 2010)

Edmonton and Area

Running Room Retail Locations

Edmonton MFRC- CFB Namao

Race Day registration June 6<sup>th</sup>, 0700-0830h at the MFRC

(Cash or Cheque payable to Edmonton MFRC)

PHONE (Until June 5<sup>th</sup>, 2010)

780-973-4011 Ext: 6300

(Credit Card Only)

### Half Marathon 0800h

\$65.00\* Early Bird

(Before April 30<sup>th</sup>)

\$70.00\* May 1<sup>st</sup> to Race Day

5 Km 0900h

\$40.00\* Early Bird

(Before April 30<sup>th</sup>)

\$45.00\* May 1<sup>st</sup> to Race Day

10 Km 0900h

\$45.00\* Early Bird

\$50.00\* May 1<sup>st</sup> to Race Day

Military Mile 0910h

\$20.00 Early Bird

\$25.00 until June 2<sup>nd</sup>

\$15.00 Youth (Under 5) & Seniors (Over 65)

### RUNNING IN SPIRIT

\$30.00

If you are unable to attend on race day, or wish to include a friend or family member, you can register and run with us 'in spirit'.

\*INCLUDES T-SHIRT

## PLEDGES

(PLEASE PRINT CLEARLY - PHOTOCOPY FOR ADDITIONAL SHEETS)

NAME		
ADDRESS		
CITY	PROVINCE	PC
PHONE (HOME)	PHONE (CELL)	
AMOUNT		
CASH \$ _____ CHEQUE _____		
(Payable to the Edmonton MFRC)		

NAME		
ADDRESS		
CITY	PROVINCE	PC
PHONE (HOME)	PHONE (CELL)	
AMOUNT		
CASH \$ _____ CHEQUE _____		
(Payable to the Edmonton MFRC)		

NAME		
ADDRESS		
CITY	PROVINCE	PC
PHONE (HOME)	PHONE (CELL)	
AMOUNT		
CASH \$ _____ CHEQUE _____		
(Payable to the Edmonton MFRC)		

TAX RECEIPTS FOR PLEDGES OF \$20.00 OR MORE

## REGISTRATION FORM

First Name / Last Name					
Street Address	City				
Province	Postal Code	Phone (Day)			
Date of Birth (DD/MM/YY)	Male/Female				
	M / F				
Email					
Distance	<input type="checkbox"/> Military Mile	<input type="checkbox"/> ½ Marathon	<input type="checkbox"/> 5 Km	<input type="checkbox"/> 10 Km	<input type="checkbox"/> In Spirit

### Payment Method

Cash \$ \_\_\_\_\_ Cheque \_\_\_\_\_  
(Cheques Payable to the Edmonton MFRC)

### Waiver

I recognize that participation in physical fitness events is a potentially hazardous activity. I agree not to participate unless I am medically able and properly prepared. I should not participate without my physician's approval. I agree to abide by any decision of an event official concerning my ability to participate safely. I assume any and all risks associated with the event including, but not limited to falls; contact with other persons or objects; the effects of the weather; traffic and course conditions. As a condition of entering this event I for myself and any accompanying minors and anyone entitled to act on my behalf, waive and release Running Room Sports Inc., CFB Edmonton, and Organizers (herein collectively called 'Event Organizers') from present and future claims and all liabilities of any kind known or unknown arising out of my participation in this event. I agree that the Event Organizers shall not be liable for any personal injury, death or property loss, and I release the Event Organizers and waive all claims with respect thereto. In the event my registration fee is paid, I agree to be bound by the provisions of this waiver. I grant permission to Event Organizers to use or authorize others to use any photographs or other record of my participation in this event or related activities without remuneration. Application for a minor shall only be accepted with a parent's signature. I have read this Waiver. I understand and accept the terms of this Waiver.

Signature (Parent or Legal Guardian if entrant is under 18)